

Settling  
Touch  
And  
Resource  
Institute presents



Become a Registered Craniosacral Therapist  
In a 2-Year Training in Cleveland, Ohio

# Biodynamic Craniosacral Therapy

An energetic approach to craniosacral therapy,  
based on the "Breath of Life" perspective of craniosacral therapy by the founder of  
the work, Dr. William Garner Sutherland, and the continued evolution of the  
work by Franklyn Sills.

You can become a Registered Craniosacral Therapist (RCST) with the Biodynamic  
Craniosacral Therapy Association of North America (BCTA/NA) upon satisfactory  
completion of the requirements for registration. This includes attending all of  
the classes listed below.



with Gary Peterson, RCST®

## 2009 Classes

September 2-6 Beginning Skills of Perception and Palpation  
November 11-15 Inherent Health, Tissues and Motility

## 2010 Classes

January 13-17 States of Balance and Stillness  
March 24-28 Inertia, Fulcrums, Shapes and Engagement Skills  
May 19-23 The Central Nervous System  
July 28-Aug 1 The Midline: From Primitive Streak to Spine  
Sept 29-Oct 3 The Cranial Base and its Relation to the Whole  
December 1-5 The Face and the Hard Palate

## 2011 Classes

March 9-13 The TMJ and the Hyoid Bone  
June 1-5 Birth Issues, Deep Stillness, Completions

At The STAR Institute of Ohio  
25901 Emery Road, Suite 100 • Warrensville Hts, Ohio • 44128

**9:30 am to 6:00 pm each day**  
**Tuition is \$650 for each 5-day module**

**For more information or to register, contact:**  
**Gary Peterson at (303) 817-6189 or at**  
**gary.peterson@starinstitute.us**

**FREE TALK With GARY PETERSON**  
**Biodynamic Craniosacral Therapy**  
**The Experience of "Heath from Within"**  
**AUGUST 26 from 7 pm to 9 pm**  
**At The STAR Institute**

Gary Peterson is a Registered Craniosacral Therapist who has been teaching and practicing energy therapies for 28 years. He teaches Craniosacral Therapy trainings at various locations around the United States, as well as his own therapeutic model, called Settling. He also teaches workshops and trainings on birth imprinting and other approaches for resolving stress and overwhelm.

Gary studied craniosacral therapy with Franklyn Sills, a longtime teacher and practitioner of the "Breath of Life" model advanced by Dr. William Garner Sutherland. Franklyn Sills is the author of The Polarity Process and of Craniosacral Biodynamics, Volumes 1 & 2.

Gary also studied Prenatal and Birth Therapy with Dr. Ray Castellino and works with babies, children and adults in private practice. His clinical practice is inspired by his increasing desire to understand and work with the deep causes of suffering found in shock and trauma to the nervous system.

Gary's first book, to be published in 2008, is entitled Settling: Simple Ways to Calm Your Nervous System. This self-help manual provides everyone with a simple set of skills for regulating their own nervous systems in order to find balance and relaxation. Gary and his wife Bonnie have 3 grown children and live in Longmont, Colorado.