

The STAR Institute of Ohio Presents on January 22-24

# *Biodynamic Craniosacral Therapy Skills for Hospice*



*Welcome to STAR'S Hospice Community Service Project*

*with Shelli Worrall, RCST®  
and Gary Peterson, RCST®*

Shelli Worrall is a co-founder of the Biodynamic Craniosacral Therapy Skills for Hospice program, a highly successful support and training program in the Boulder-Denver area of Colorado.

Shelli is a Registered Craniosacral Therapist, Certified Massage Therapist, and Registered Polarity Therapist. In addition to her general practice and hospice work, she specializes in the field of prenatal birth and attachment to resolve trauma for infants and young children. Shelli is also an approved instructor for the Biodynamic Craniosacral Therapy Association of North America. She teaches and practices at her center, True Essence Center for WellBeing, located in Longmont, CO.

Gary Peterson is a Registered Craniosacral Therapist, and is the founder of the STAR Institute. He has been teaching and practicing energetic therapies for over 25 years, and works with babies, children and adults in private practice. His clinical practice is inspired by his increasing desire to understand and work with the deep causes of suffering found in shock and trauma to the nervous system.

Gary is an approved instructor for the Biodynamic Craniosacral Therapy Association of North America. He teaches the STAR Institute's Biodynamic Craniosacral Therapy trainings around the U.S., as well as classes and workshops in prenatal / birth therapy, trauma therapy, and his own therapeutic work with the nervous system, called Settling. Gary's first book, Settling, Simple Ways to Calm Your Nervous System, will be available in 2010.

*Biodynamic Craniosacral Therapy Skills for Hospice*

Are a set of unique, body-based skills that have emerged from the practice of Biodynamic Craniosacral Therapy. **They are based on the awareness that each person is inherently healthy and whole, no matter what sort of conditions they are dealing with.**

Biodynamic Craniosacral Therapy Skills are gentle, non-invasive, and highly effective in working with a wide range of emotional and physical issues in the face of life's most difficult situations.

In this workshop you'll deepen your skills of presence and practice in working with chronic and / or terminally ill patients. You'll learn that even under the most challenging conditions, Inherent Health can be accessed to help both patient and caregivers experience the greatest measure of well-being possible. **This is a powerful exploration into serving those facing loss and illness.**

*At The STAR Institute • 25901 Emery Road, Suite 100 •  
Warrensville Hts, Ohio • 44128 • [www.starinstitute.us](http://www.starinstitute.us)*

**January 22 - 24 • 9:30 am to 6:00 pm •  
\$250 for early registration by December 31  
\$300 for registration after December 31**

*For more info or to register contact Gary Peterson at:*

*[satvagn@earthlink.net](mailto:satvagn@earthlink.net) or (303) 817-6189*

**OR REGISTER ONLINE AT**

*[www.starinstitute.us](http://www.starinstitute.us)*